



COVID Policy and Agreement

COVID-19 Policy Overview:

- The WSCL is committed to the health and safety of its staff, volunteers, and students. Health and safety include mental well-being, physical fitness, **infection control** and injury prevention.
- The WSCL's primary guidance for **infection control** is the CDC.
- The WSCL adheres to all state, tribal, and county health laws as indicated by jurisdiction.
- To provide consistency, the WSCL will generally mirror the Washington Interscholastic Athletic Association's **infection control** rules.
- Given the changing nature of COVID-19, the WSCL will update this policy, as necessary.
- Volunteers and Students will receive an email **only for changes** to this policy.

Student, Adult Volunteer and Parent/Guardian Agreement:

- Outdoor Events with >500 people require masking for all spectators, volunteers, and participants; student racers are required to wear masks until the final call-up.
- Failure to follow this rule will result in race disqualification and removal from the event.
- It is the responsibility of all volunteers and parents/guardians to report their own or students' new Quarantine and/or Isolation status to their prospective Head Coach, and CC david@washingtonleague.org
- The participant's Head Coach will determine whether there has been a team exposure that requires contact tracing.
 - a. To determine if a quarantine is indicated, parents/guardians and/or volunteers either must verbally confirm to the Head Coach COVID vaccination status or COVID infection in the past 90 days or must automatically quarantine for 5 days.
- Regardless of vaccination status do NOT participate in practice or events when the following symptoms are present: Fever over 100 degrees, shortness of breath, loss of taste, loss of smell, chills, body aches, headache, sore throat, nausea/vomiting, diarrhea, fatigue, runny nose.
 - a. If symptoms resolve in 24 hours, participant may return
 - b. If symptoms do not resolve in 24 hours, do not come to practice or an event for 5 full days with the start of symptoms being day 0.
 - c. The participant may return to practice if fever free >24hours without fever reducing medication AND symptoms are not worsening.
- All spectators, volunteers, and participants must follow the WSCL masking, symptom monitoring, and quarantine/isolation rules; please remember failure to follow these rules will result in race disqualification and request to leave the grounds.