



COVID-19 Reporting Protocols

Isolate: Participant is sick with **symptoms** or **test positive** for COVID-19

1. COVID positive or symptomatic participant reports to Head Coach
2. Participant(s) cannot come to practice for 5 full days unless the participant tests negative after exposure. Day 0 is the day symptoms started or positive test. Do not return to practice if symptoms aren't improving and if there is a fever over 100 degrees.
3. If not already done, email participant and CC david@washingtonleague.org with the above information.